



The best activities guide around!

SEPTEMBER 2011



Christmas Party Date Drawing – 2nd

Hispanic Heritage Month Lunch Buffet – 2nd

Bazaar – 3rd and 4th

Club Championship – 10th and 11th

Boys & Girls Club "Day for Kids" – 17th

Music Friendship Festival – 17th and 18th

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

<http://www.mwrjapan.jp.pac.army.mil/news/> • Z A M A B U G L E , S E P T E M B E R 1 , 2 0 1 1



The U.S. Army Garrison Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

The Camp Zama Child, Youth & School Services BOYS & GIRLS CLUB "DAY FOR KIDS" is featured on the centerfold of this month's Bugle issue.

The day's events include games, face painting, food, door prize drawings, races, and a wonderful opportunity for adults to spend some really fun time with their youngsters.

Our cover shows Hailey Shoda, daughter of Mr. and Mrs. John Shoda, with a prize she won at a previous "DAY FOR KIDS". See the center pages for the times and places for the events.

"See the Bugle for the advertisement".

REMINDER
2011
EKIDEN
SUNDAY, 2 OCTOBER,
9 AM - 4 PM,
SAGAMI DEPOT
Cutoff date for
registration is 8
September.
*** NOTE: To obtain a registration**
form and for additional
information, please
phone 263-3954 or 5995.

MWR MARKETING

Phone:
263-4721/8994
046-407-4721/8994

Fax: 046-407-5487
Fax DSN: 263-5487

Address:
The U.S. Army Garrison Japan
Unit 45006
Attn: IMPC-JA-MWN-M
APO AP 96343-5006
Official Business

Location: Camp Zama, Bldg. 102 B100 (Northeast Corner)
September Bugle Editor: Hideko McKeta

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

School may
be back in session,
but there is
always something
happening after
school at the youth
center! If you
haven't already
seen our new
building, come
check us out!



■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• Keystone Club

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. Come join us for the new school year! To find out more about this program and how to get involved, contact Ms. Yelitza MarinGuzman yelitza.maringuzman@us.army.mil.

• Torch Club

A great leadership program for tweens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. Come check out Torch Club in the new school year! To find out more about this program, contact Quinton Smith quinton.smith4@us.army.mil.

■ Youth Sports and Fitness • 263-5437/4066

FALL SWIM TEAM

Fall swim team sign ups are ongoing until filled. Practices start in late August. Starting this season, high school students can sign up and earn a high school letter, if they meet certain conditions established by DoDDS.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the Exchange). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their

registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals

to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

FALL SOCCER

• The season starts 3 September and ends 15 October
Age groups are:
Co-ed: 5 - 6, 7 - 8
Boys: 9 - 10, 11 - 12, 13 - 15
Girls: 9 - 11 and 12 - 15

*For more information, please call 263-4066.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

• *Closed*

* 2 September (Training Holiday)

* 5 September (Labor Day)

• *Library Time at Zama Library*

Tuesday, 6 September,

9:30 - 10:30 am

• *Water Play*

Wednesday, 7, 14, 21 and 28 September, 9:30 - 10:30 am

• *Safety Day*

Thursday, 8 September, all day

• *Strong Beginings Program*

Monday, 12 September, 8 - 11 am

• *Start Smart Program*

Friday, 9, 16, 23 and 30, September, 9:30 - 10:30 am, Zama Youth Center

• *PAC Meeting (Brown Bag Training)*

Thursday, 15 September, 11:30 am - 12:30 pm

• *Library Time at Zama Library*

Tuesday, 20 September,

9:30 - 10:30 am

• *Field Trip (Sagamihara Park)*

Thursday, 22 September,

9:30 am - 3 pm

SHA CHILD DEVELOPMENT CENTER, 267-6348

• *Closed*

* 2 September (Training Holiday)

* 5 September (Labor Day)

• *Teddy Bear Day*

Friday, 9 September

• *Grandparent's Day*

Monday, 12 September

• *Positive Thinking Day*

Tuesday, 13 September

• *Make a Hat Day*

Thursday, 15 September

• *International Day of Peace*

Wednesday, 21 September

• *Johnny Appleseed's Birthday*

Monday, 26 September

Zama and Sagamihara Child Development Center

Army Child, Youth & School Services

Strong Beginnings

FY 2011-2012

Session Starts
(Monday, 12 September 2011)
Graduation will be held in June 2012.

※ Closures will follow the Arnn Elementary School Calendar/CYSS Training Days
※ A healthy nutritional snack will be provided
※ Limited space available

Children must be eligible for the 2012-2013 Arnn Elementary School kindergarten class to enroll.

Please register at Parent Central Services or for more information, call 263-4743/4125.

Paid Advertisements

“See the Bugle for the advertisement”.

Are you
looking for a place
where your children
can join other children
in a fun learning
environment? Come
join **School Age Care**
"Before and After
School" program.

■ School Age Care • 267-6013

... SAC Program Hours ...

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Come out and make a difference in your child's program. Every 3rd Thursday you have the opportunity to come to the Camp Zama Community Club and meet with the School Age Director and provide your valuable input as we continue to

improve our program. You can earn parent participation hours which count towards a 10% discount on your child care fees. We meet from noon - 1 pm. Below is the schedule for the remaining of the year. Hope to see you there!

Eda's: 20 October and 17 November.

Garden Room: 15 September and 15 December.

... SAC SEPTEMBER EVENTS ...

• Training Holiday	Friday	2	Closed
• Labor Day	Monday	5	Closed
• 4H Round up	Wednesday	21	1530 - 1630
• Field Trip (place TBA)	Thursday	29	0800 - 1630
• In House Activities	Friday	30	

PARENTS

Since the summer is normally when Families relocate, there are many new arrivals at Camp Zama. Check us out - we look forward to working with you and your Family.

■ SkiesUnlimited • 263-5441

SKIESUnlimited is the framework for the Army's Child, Youth and School Services (CYSS) instructional program for youth of military and DoD civilians. Classes are designed to compliment and support the experiences children and youths have in Army CYSS and in schools.

Children and youths may choose from several classes offered by the School of Arts, School of Sports, School of Life Skills and School of Academic Skills. Instructional programs teach children discipline, problem solving, decision making, conflict resolution, game rules, social etiquette and subject matter content. Camp Zama's SKIESUnlimited Program is based at the Camp Zama Youth Center.

CLASSES

• Hip Hop Dance Class

Want to join a dance crew? Well, don't stop, get into Hip Hop and join the New SKIESUnlimited Hip Hop

Class, Krumpin, Poppin, Breaking and more.

Tuesdays (4 classes per month)

Teen Squad (age 12 - 18):

¥6,000

1500 - 1600

Jr. Squad (ages 9 - 11): ¥6,000

1615 - 1715

"Shorty" z" (ages 5 - 8): ¥5,000

1730 - 1815

• Piano Lessons (1500 - 2000)

* Instructor: Ms. Miho

Monday or Friday

* Instructor: Ms. Sekita

Tuesday or Wednesday,

• Violin Lessons

* Instructor: Ms. Megumi

Tuesday 1500 - 2000

Piano and Violin lessons classes are ¥7,000 (4 classes per month - 30 minutes one on one sessions)

• Taekwondo (ages 5 - 18), ¥5,000

Mondays and Thursdays

1730 - 1900

* Master Kang and Sensei Takeo

In this class your child will learn

not only physical training and discipline but mental training as well. Available to both youths and adults, this class embraces a Family friendly atmosphere with safety being a top priority.

• Ballet and Dance (Ms. Minori)

Wednesday

Intermediate Ballet (ages 10+):

\$60 1500 - 1630

Pre-Elementary (ages 4 - 6): \$40

1630 - 1715

Elementary Ballet (ages 6+): \$60

1720 - 1830

Thursdays

Pre-K Ballet (ages 3 - 4): \$40

1515 - 1600

Contemporary Dance (ages 7+):

\$60 1600 - 1730

NOTE: Payments are made in US dollars with the current exchange rate.



SKIESUnlimited
Schools of Knowledge, Inspiration, Exploration & Skills

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

T

he ultimate gift card is here! A great gift for an employee, friend or family member. Can be used for any services that CZCC offers such as food, beverages, catering and cakes! Purchase your CZCC Gift Card at the Cashier's Window. For more information, please call 263-4547.



■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 2, 16, 23 and 30 September, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Country Music with DJ

On Saturday night, 3 and 10 September, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Main Stream Dance Music with DJ in the Firelight

Friday, 9 September, 9 pm - 3 am.

• Old School Night

Saturday, 17 September, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Latino Night

Saturday, 24 September, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95

Youths 4 - 7: \$4.95

3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

6 Chicken Fried Steak
w/Country Gravy

13 Beef Curry

20 BBQ Chicken

27 Veal Parmesan

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

7 Beef Chop Chae

14 Fried Menchi Cutlet

21 Hamburger Steak

w/Demiglaze

28 Hayashi Beef

Thursday: (Rotisserie Chicken and vegetable of the day)

1 • Ume, Shiso Chicken

w/Wasabi Paste



Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

FREE • FREE • FREE

It's BUNCO TIME!

Gals ... and guys too!

9 September, 6:30 pm, at CZCC Ballroom (right wing)

CASH PRIZES

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

Light snacks are available.

Participants must be 18 or older.

For more information, 263-4547

SOCIAL HOUR

COME OUT FOR CAMARADERIE AND TEAM BUILDING

FREE HORS D'OEUVRES

FRIDAYS, 5-7 PM @ FIRELITE LOUNGE

1st Friday: "Aloha Fridays"

2nd Friday: "Bring Your Boss Night"

3rd Friday: No Social Hour On Community Nights

4th Friday: Ichi Dan Night "One Team"

*** RIGHT ARM NIGHT ONCE A QUARTER**

WE SUPPORT THE DESIGNATED DRIVER PROGRAM
Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL 263-4547
CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

- Penne Arabiata
- 8 • Grilled Chicken Chimichurri
- Penne Chicken w/Genova Cream Pasta
- 15 • Pork Kushiatsu w/Tonkatsu Sauce
- Spaghetti w/Meat Sauce
- 22 • Bibin Rice
- Linguine w/Meat Balls
- 29 • Chicken Diable
- Penne Arabiata
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
 - 2 • Chicken Enchiladas
 - Beef Tacos
 - Burritos
 - Mexican Rice / Corn
 - 9 • Beef Stew
 - Macaroni Cheese
 - White Rice
 - Mashed Potatoes w/Gravy
 - 16 • Baked Meat Loaf
 - Tuna Noodle Casserole
 - White Rice
 - Mashed Potatoes w/Gravy
 - 22 • Chicken Creole
 - Shepherd's Pie
 - Jambalaya
 - 30 • Huli Huli Chicken
 - Kalua Pork
 - White Rice
 - Chicken Rong Rice

CAMP ZAMA COMMUNITY CLUB

Cake Catering Service

CAKES FOR ALL OCCASIONS



TO ORDER CALL
263-4204

(TUESDAY-FRIDAY
9:30 AM-5:30 PM)

***CAKE MUST BE ORDERED
48 HOURS IN ADVANCE**

***CONTRACT REQUIRED**

DINNER MENU

- Sunday** (limited menu) 5 - 9 pm
"2 for 1 Steak Night"
(no take out)
Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.
- Monday** - Closed
- Tuesday** (5 - 9 pm)
2 meals for \$15 and limited menu.
Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered (no take out).
- Wednesday** (5 - 9 pm)
 - Mongolian BBQ (\$0.75 oz)
 - Limited menu
- Reservations: Please call 263-4547 before 3 pm.

DINNER MENU


- Thursday** (5 - 9 pm)
 - "All You Can Eat Pizza, Pasta, Soup and Salad Bar"
(no take out)
Adults: \$10.95
Youths 4 - 12: \$5.95
Under 3 years old: Free
 - Regular menu
- Friday "Chef's Special"** (5 - 9 pm)
Regular Menu
 - 2 Hispanic Heritage Month Lunch Buffet
 - 9 Bunco Night
 - 16 Community Night
- Saturday** (5 - 9 pm)
 - Regular Menu
 - Prime Rib Dinner
 - Prime Rib and Shrimp Scampi
 - 10 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

Christmas Party

2011 CAMP ZAMA COMMUNITY CLUB

Date Drawing



**BELIEVE IT OR NOT, IT'S THAT TIME AGAIN!
TIME TO START THINKING ABOUT WHEN TO
HAVE YOUR CHRISTMAS PARTY.**

The drawing is based on luck. Anyone can attend to reserve a party for your unit, command or private function. You must be present at the drawing in order to reserve a date.

Please have the primary and secondary point of contact with telephone numbers, an approximate number of guests attending your party and multiple dates to choose from. Plan for back up dates because another unit may take your primary date.

DRAWING DATE: FRIDAY, 2 SEPT 2011
WHERE: CZCC FIRELITE LOUNGE
TIME: 1300

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

CAMP ZAMA COMMUNITY CLUB

Camp Zama Community Night

presents

"HOW WELL DO YOU KNOW YOUR SPOUSE?"



FRIDAY 16 SEPT 5-8 PM
CZCC BALLROOM

Hors D'oeuvres, Prizes and Entertainment
FREE EVENT!

FAMILY FRIENDLY EVENT! EVERYONE IS WELCOME!

FOR MORE INFORMATION, PLEASE CALL 263-4547

CAMP ZAMA COMMUNITY CLUB

SATURDAY, 10 SEPTEMBER, CZCC BALLROOM
GAME STARTS AT 2 PM



Tickets purchased by 6 Sept. \$40,
after 6 Sept. \$50
Includes non-alcoholic drinks and prizes
Grand prize will be based on the number of players
Sign up at the cashier's window
For more info, please call 263-4547

ADULTS ONLY!

TEXAS HOLD'EM
TOURNAMENT

Hispanic Heritage Month Lunch Buffet



Friday, 2 September 11 am - 1 pm
CZCC Main Dining Room
Cost Per Person: \$9.95

For more information,
please call 263-4547

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Zama Bowling Center • 263-4780

• *King of the Hill*

Sunday, 4 September, 11 am - 7 pm

• *Labor Day, Hours of Operation*

Monday, 5 September, 11 am - 8 pm. Discounted bowling; \$1.50 for adults, \$1 for youths, children 4 and under free.

• *Music Festival*

Saturday - Sunday, 17 - 18 September. Come to our food booth. The Bowling Center Snack Bar and lanes will also be open.

• *Beginners Bowling Lessons*

Every Wednesday, bowl between 3 - 6 pm and the manager will provide mini lessons and tips.



OPEN TO MEN AND WOMEN
4 PERSON TEAM (ALL MEN, WOMEN OR MIXED)

RUNS 26 WEEKS EXCLUDING 4 HOLIDAYS
FALLING ON A MONDAY
USBC FEES (ONE TIME ANNUAL FEE) \$21
WEEKLY BOWLING FEE: \$10

LEAGUE DATES: 17 OCTOBER - 7 MAY 2012.

SIGN UP NOW AT THE
ZAMA BOWLING CENTER 263-4780

MONDAY NIGHT HANDICAP LEAGUE

LUNCH

Monday

- 5 Chicken Salad Sandwich w/Fries and Green Salad
- 12 Sloppy Joe Sandwich w/Onion Rings and Coleslaw
- 19 Chicken Salad w/Sliced Papaya, Avocado and Garlic Bread
- 26 Catfish Sandwich w/Tartar Sauce, Fries and Coleslaw

Tuesday

- 6 Mabu Nasu w/Rice and Gyoza
- 13 Tilapia w/Garlic Sauce, Rice and Mixed Vegetables
- 20 Taco Rice
- 27 Chicken Cutlet w/Curry and Rice

Wednesday

- 7 Pork Pinakbet w/Rice and Cassava Dessert
- 14 Kalua Pork and Macaroni Salad w/Chicken Long Rice and Sweet Potato
- 21 Pancit Bihon w/Fried Chicken, Adobo Rice and

LUNCH

- Leche Flan Desert
 - 28 Beef Caldereta w/Rice
- Thursday**
- 1 Shrimp Scampi w/Linguini, Garlic Bread and Tossed Greens
 - 8 Cheesy Fried Chicken Empanadas w/Chili Con Queso Dip and Vegetable Sticks

LUNCH

- 15 Meat Lasagna w/Garlic Bread and Tossed Greens
 - 22 Fettucini Alfredo w/Garlic Bread and Tossed Greens
 - 29 Spaghetti w/Meat Sauce, Garlic Bread and Tossed Greens
- Friday (No Special)**
Regular Menu



YOUTH LEAGUE BOWLING PROGRAM

For youths ages 13 to 18
Starts on 15 Oct. until 17 Dec.
Deadline for sign-up 7 Oct.
USBC Annual Fee \$8 Weekly Fee \$10
Please call 263-4780

"WE NEED VOLUNTEER COACHES"



COME AND JOIN THE FUN ON SATURDAY, 24 SEPTEMBER, 7-10 PM
FOR UNLIMITED BOWLING
ADULTS: \$7, YOUTHS (UP TO 18): \$5
4 YEARS AND UNDER: FREE

BRING YOUR OWN CD OR PLAY SOMETHING YOU LIKE FROM THE JUKE BOX
FOR MORE INFORMATION, CALL 263-4780

ZAMA BOWLING CENTER
COSMIC BOWLING PARTY

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“See the Bugle for the advertisement”.



2011 CLUB ZAMA GOLF Championship

SATURDAY-SUNDAY SEPTEMBER 10-11 ZAMA GOLF CLUB
TEE TIMES STARTING AT 0630 HOURS

WHO: MEMBER DIVISION - ZAMA MEMBERS WITH A CURRENT USGA HANDICAP
 OTHER DIVISION - ANY GOLFER WITH A CURRENT USGA HANDICAP
 (HANDICAP INDEXES AS OF 1 SEPTEMBER WILL BE USED)

WHAT: CHAMPIONSHIP FLIGHTS (MEN'S MEMBER AND OTHER) - GROSS SCORE ONLY
 - USGA INDEX 9.9 & BELOW (OR QUALIFIER)
 - MEMBER DIVISION CHAMP FLIGHT PLAYS 36 HOLES ON SATURDAY (54 TOTAL)
 ALL OTHER FLIGHTS - 36 HOLE NET STROKE PLAY WITH FULL HANDICAP

DEADLINE FOR SIGN UP AND REFUNDS IS TUESDAY, SEPTEMBER 6TH AT 1800 HOURS
FIELD IS LIMITED TO 120 PLAYERS

FOR MORE INFORMATION, PLEASE CALL
DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694 OR EMAIL AT DALE.JORGENSEN@US.ARMY.MIL

“See the Bugle for the advertisement”.

For the "Club
Championship
Tournament" on 10 - 11
September, please



see page
12 for
more
detailed
information.

PAYDAY-SCRAMBLE
Red Bull

Friday, 30 September
(11:30 am shotgun start)

FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ community and their family members. Fun, food and prizes!

COMMERCIAL SPONSORSHIP
and the ZAMA GOLF COURSE
STAFF thank our sponsor, **RED BULL**, for supporting our community and this event.

DEMO DAY
PERFORMANCE YOU CAN BELIEVE IN.

PING
GET CUSTOM FIT AT
ZAMA GOLF COURSE DRIVING RANGE
AND LOWER YOUR SCORES

FRIDAY, 16 SEPTEMBER 2011, 1600 TO 1900 HOURS
CAMP ZAMA DRIVING RANGE

For more information, please contact Dale Jorgenson, Director of Golf at 263-3694 or email at dale.jorgenson@us.army.mil

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

Upcoming Events!

Club Championship	10 - 11 September
Nichibei Tournament	13 September
Ping and Titleist Demo Day	16 September
Payday Scramble	30 September
Zama Open	15 - 16 October



TOMODACHI DAYS ARE AS FOLLOWS:

- 2 September - Friday
- 9 September - Friday
- 20 September - Tuesday
- 27 September - Tuesday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 13 September, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TRADE-INS

Camp Zama Golf Course announces Trade-Ins. You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your

clubs are worth at <http://valueguide.pga.com/>

TEE TIME INFORMATION

• Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

JR. GOLF INSTRUCTION

with Mike Sul, PGA

Every Monday from 1600-1700
Cost: \$10

Sign-up at the Pro Shop NLT the Sunday prior (need at least two (2) students to conduct the class).

FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL.SUL@US.ARMY.MIL

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

Monday

- 5 US Holiday
- 12 BBQ Pork Skewer
- 19 Chicken Cacciatore
- 26 Stuffed Cabbage Rolls

Tuesday

- 6 Chicken Cutlet w/Swiss Cheese and Tomato Sauce
- 13 Teriyaki Pork
- 20 BBQ Beef w/Cole Slaw
- 27 Hamburger Steak w/Onions, Mushrooms and Gravy

Wednesday

- 7 Roast Beef w/Brown Gravy
- 14 Spaghetti w/Meat Sauce and Garlic Toast
- 21 Fried Chicken w/Corn Bread, Choice of Fries, Coleslaw or Vegetable of the day
- 28 Pork Kushikatsu w/Tomato Sauce

Thursday

- 1 Cajun Grilled Pork
- 8 Chicken Mongolian
- 15 Taco Salad
- 22 Chicken Enchiladas

LUNCH

29 Chicken Fajitas
Friday
 2, 9, 16, 23 and 30 September, Salmon Steak served w/Baked Potato

LUNCH

Saturday and Sunday
 Saturday, 3, 10, 17 and 24 September and Sunday, 4, 11, 18 and 25 September, Curry Rice served w/ Chicken Cutlet or Pork Cutlet.



INTRODUCE A FRIEND TO GOLF!

Give us five days and we'll give them a sport for a lifetime.

5 LESSONS ONLY \$99

3 SESSIONS WITH DALE JORGENSEN
 Session #3: Sept. 15th, 22nd, 29th, Oct. 6th and 13th

7 SESSIONS WITH MIKE SUL
 Session #6: Sept. 6th, 13th, 20th, 27th and Oct. 4th
 Session #7: Oct. 18th, 25th, Nov. 1st, 8th and 15th

For more information, contact
 Dale Jorgenson, Director Of Golf at 263-3694
 email dale.jorgenson@us.army.mil

Join the Get Golf Ready program and be ready to play in 5 days. For more information, visit PlayGolfAmerica.com/GGR



JR. GOLF TOURNAMENT WINNERS

Winners Are:

6 - 9 year age division	10 and above
1st: Daniel Posthumus	1st: David Jayne
2nd: Jacob Brede	2nd: Ryan Posthumus
3rd: Hunter Baillargeon	3rd: Kameron Brede

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

ARE YOU READY FOR

GRIDIRON

The 4th Annual "Gridiron Challenge" begins on Thursday, 8 September, 5

Questions and Answers

The "Gridiron Challenge" is a Camp Zama Community Club program. A very high percentage of the military community is "football-oriented" and this challenge will provide football fans the opportunity to show their knowledge of the game by picking the weekly game winners. There is no cost to play the "Gridiron Challenge".

There are two parts to the Challenge---here is some information you should know.

(1) 17 WEEKS - REGULAR SEASON

For 17 weeks, from 8 September to 8 January 2012, you can pick up an entry form at Football Frenzy held every Thursday from 5 - 7 pm in the Sports Bar showcasing the games scheduled for the forthcoming week. Entry forms must be turned in before 7 pm to the staff at Football Frenzy. When you receive your first entry form you will receive information explaining the "tiebreaker." Only one entry per week.

Each weekly winner will receive two prizes with a value in excess of \$175. A photo will be taken of all winners and displayed in the Community Club.

All weekly winners names (17) will be placed in a drawing and the winner will receive VIP seating and a steak breakfast for him / her and 9 friends at Zama's Super Bowl Party on 6 February 2012.

(2) CUMULATIVE PRIZE

The total wins that each participant picks each week will be kept on file at the CZCC. This sheet will be available for all to view on the Gridiron Challenge Board. The Top 2 players with the most wins after week 17 will receive a prize of \$500 (1st Place) and \$300 (2nd Place.)

(3) PLAYOFF CONTEST

There are two parts to the Play-off Contest. Play-Off Picks: On Week 14 pick the 12 teams that you think will make the playoffs. Once the playoff teams are determined the participant with the correct teams will win \$250. There will be a tie-breaker for the Play-off Picks also. Play-Off Games: Once the playoff teams are determined you must pick which teams will win each game. The format will be the same as during the regular season. Any wins from the regular season do not count in the playoff contest. The conference playoff games are the last games for the playoff challenge. The person with the most wins during the playoffs will receive a \$150 prize.

(4) "COLLEGE TOP 25 CHALLENGE" NEW

Each week we will select 15 games that involve the current teams from the USA Top 25 ranking list. Select the teams that you think will win and the person with the most wins during that week will receive a prize. The total wins that each participant picks each week will be kept on file at the CZCC. This sheet will be available for all to view on the Gridiron Challenge Board. The Top 2 players with the most wins at the end of the season will receive a prize of \$200 (1st place) and \$100 (2nd place.)

(5) "COLLEGE BOWL CHALLENGE"

Once the Bowl bids are determined you will select which teams will win their respective Bowl Game. All 24 College Bowl games will be included in this Challenge. The player who has the most wins after the National Championship Bowl game on 4 January 2012 will receive a cash prize of \$300. The National Championship Game will be the tie-breaker for this challenge.

The winner will receive his / her prizes in the CZCC Sports Bar each Thursday at 6 pm in conjunction with the "Football Frenzy". Special evening door prizes will be given at the Frenzy and all in attendance are eligible. Sheets for the upcoming week must be turned in at this event also. All sheets for the next week must be received by 7 pm to be eligible for the weekly prizes.

For more information, please call 263-4547 / 5995.

SOME FOOTBALL???

CHALLENGE

7 pm, with the "Football Frenzy" and "College Bowl Challenge" in the CZCC Sports Bar.

Prizes

Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday beginning 8 September in the CZCC Sports Bar 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".

- Week 1: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 2: Nikon digital camera and two (2) tickets (from Fujikyu)
- Week 3: 19" JVC TV and Two (2) tickets Sunday Brunch (CZCC)
- Week 4: Canon All-in-One Printer and two (2) tickets (from Tokyo Summerland)
- Week 5: Weber BBQ Grill (from Budweiser) and ¥3,000 food coupon (from TGI Friday's)
- Week 6: JVC Compact Component System and ¥3,000 food coupon (from TGI Friday's)
- Week 7: HP Photomart Plus and ¥5,000 food coupon (from Outback)
- Week 8: iPod Touch and two (2) tickets Sunday Brunch (CZCC)
- Week 9: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)
- Week 10: Nintendo DS-XL and ¥3,000 food coupon (from TGI Friday's)
- Week 11: Table Top Frig (from Budweiser) and ¥3,000 food coupon (from TGI Friday's)
- Week 12: iPod Nano and portable cooler bag with wheels (from Coca-Cola)
- Week 13: Fuji digital camera and patio umbrella (from Miller Lite)
- Week 14: JVC camcorder and ¥5,000 food coupon (from Outback)
- Week 15: Wii Sports and ¥3,000 food coupon (from TGI Friday's)
- Week 16: Nintendo DS-XL and patio umbrella (from Miller Lite)
- Week 17: Panasonic video camera and ¥5,000 food coupon (from Outback)

***** NOTE:** Each winner also receives a 4-pack energy sport drink (from Red Bull) and an "appetizer coupon" (from Outback Steakhouse).

MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



Sponsorship does not imply endorsement by the U.S. Government.

The Budweiser and Miller Lite Companies Support "Responsible Drinking".



The Camp Zama Child, Youth & School Services

BOYS & GIRLS CLUB

For information, please phone 263-4023/4500.



According to the Centers for Disease Control and Prevention, less than one-third of high school youths meet the recommendation for physical activity and helps to develop and master various skills. Through "Day for Kids, BGCA" is encouraging every American youth to be active.

**THIS IS THE 1ST MAJOR EVENT TO BE HELD AT THE
NEW YOUTH CENTER --- CHECK US OUT!!!**

Saturday, 17 SEPTEMBER, Zama Youth Center, 11 am - 2 pm

WHAT IS BOYS & GIRLS CLUB DAY FOR KIDS?

The Camp Zama Youth Center is gearing up for its annual "Day for Kids" celebration. The Boys & Girls Club Day for Kids celebration is one of hundreds of events taking place across the world, encouraging active play between young people and adults. Open to the public, the event will include: food, fun, entertainment, prizes for kids, and plenty of time to play!

KID'S KICKOFF STARTS AT 11 AM

It is that time of year in which Child, Youth and School Services sponsors a carnival to honor all our youths. This is a special time for us to spend with their children. We will be celebrating at the Camp Zama Youth Center from 11 am - 2 pm.

**** SPECIAL ****
**"MWR COMMERCIAL
SPONSORSHIP
DOOR PRIZE DRAWINGS"**
At 1 pm there will be "special door
prize drawings" for both youths
and adults.

DAY FOR KID'S ITINERARY

Activities

- Face Painting/Tattoos
- Hockey Slap Shot
- Win-Lose-Draw
- Cotton Candy Booth
- Kids Day Booth
- Ring Toss
- Guessing the Amount of Candy in Jar Raffle
- Snow Cones

Games and

- | | |
|-------------|----------------|
| 1100 | Day for Kids |
| 1115 - 1230 | Parent & Child |
| 1230 - 1245 | Adult & Child |
| 1245 - 1300 | Musical Chairs |
| 1300 - 1315 | Adult & Child |
| 1315 - 1345 | Adult & Child |
| 1345 | Candy |



MWR COMMERCIAL SPONSORSHIP and the **CYS STAFF** thank our sponsors and this national program to recognize our youths.



Mattel Japan Ltd.



AY FOR KIDS



U.S. Army Child, Youth
& School Services

recommended levels of physical activity. Active play is great for young people and fosters creativity, imagination, exploration and can play a part in ensuring a brighter future for young people by motivating them to lead a healthy lifestyle.



ids
adults.

is the day that parents should set aside to spend time

ERY d Prizes

Kid's Kickoff
Youth Water Balloon Toss
Youth Raffle
Chairs
Youth Door Prizes
Youth three legged race
Jar Raffle Announcement



Mattel, CocaCola, LEGO, Outback, and Tokyo Summerland for supporting our community



ZAMA I T T

Fall Escapade Tours



Beijing (The Great Wall)

* Beijing - Single Only:	November 23-27
* Beijing:	November 24-28
* Hong Kong:	November 24-27
* Kuala Lumpur:	November 23-27
* Saigon (Ho Chi Minh City):	November 23-27
* Siem Reap:	November 23-27
* Taipei:	November 24-27



CALL ZAMA I T T OR CHECK OUR WEBSITE FOR MORE INFORMATION



• Military PHONE : 263-5273
263-4059

• E-Mail

: travel@zamaitt.com

• Commercial PHONE : (046) 254-8896

• Commercial FAX : (046) 255-0356

• Website

: http://zamaitt.com



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WE ARE NOW ON FACEBOOK AT

<http://www.facebook.com/pages/zama-itt-international-tours-office/224117894269665>

CAMP ZAMA COMMUNITY

BAZAAR

SEPTEMBER 2011

SATURDAY, 3 (9 AM - 5 PM)

SUNDAY, 4 (10 AM - 4 PM)

CAMP ZAMA COMMUNITY CLUB

FURNITURE, ARTS & PICTURES, JEWELRY, TOYS,
ANTIQUES, NOVELTIES, SOUVENIRS ...

For more information : ☎ 263-5316



Zama I T T

Fall & Winter Escapade Tours
information will be available
For more information: ☎ 263-5273/4059



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES

MONDAY

- 5 Closed (Labor Day)
- 12 Hamburger Steak and Fried Shrimp
- 19 Chicken Cutlet (Sagami Lounge Special)
- 26 Teriyaki Hamburger Steak

TUESDAY

- 6 Chinese Style Beef Steak
- 13 Steak Don
- 20 Fried Shrimp Curry
- 27 Taco Rice and Enchiladas

WEDNESDAY

- 7 Chicken Cutlet w/Basil Sauce
- 14 Pork Cutlet and Jabalaya
- 21 Pork Ginger and Karaage
- 28 Pork Saute w/Kochijan Sauce

THURSDAY (All-U-Can Eat)

- 1 Italian Buffet
- 8 Mexican Buffet
- 15 Oriental Buffet
- 22 American Buffet
- 29 French Buffet

FRIDAY

- 2 Salmon En Crout
- 9 Mix Grilled Plate
- 16 Seafood Pilaf and Teriyaki Chicken
- 23 Seafood Platter
- 30 Sweet and Sour Pork Gyoza

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$8.50)

- 6 Chinese Dinner
- 13 Mexican Dinner
- 20 Pizza and Pasta Dinner
- 27 Regular Menu

WEDNESDAY NIGHT

Family night movies for adults and youths 7, 14, 21 and 28 September. regular dinner menu; choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

DINNER SPECIALS

- 1 Italian Dinner (\$15.95)
- 8 French Dinner (\$15.95)
- 15 Prime Rib Dinner (\$20)
- 22 Regular Menu
- 29 Regular Menu

FRIDAY NIGHT

Mongolian BBQ on 9 and 23 September; enjoy the best Mongolian BBQ in town!!! Also, on 2, 16 and 30 September we offer the regular dinner menu.

SATURDAY NIGHT

3, 10, 17 and 24 September, regular menu.

BUY ONE DEPOT BURGER AND GET 2ND BURGER HALF PRICE!



In celebration of
NATIONAL CHEESEBURGER DAY & FAMILY DAY
SEPT. 1-30, 5-8 PM

Sagami Depot Lounge is offering for a limited time
buy one Depot Cheeseburger and
get a 2nd one half price!

*Cheeseburger must be of equal or lesser value.

DEPOT BURGER CHALLENGE

Depot Burger Challenge is now at 11 patties.
ANYONE EXCEEDING THE CURRENT AMOUNT
GETS THEIR CHALLENGE MEAL FOR FREE
AND IS POSTED ON THE "WALL OF FAME"



SAGAMI DEPOT LOUNGE 268-4954

HISPANIC HERITAGE MONTH

15 September - 15 October

Day of Observance is
28 September, 1500 - 1700, at the Community Activity Center.

There will be food from several Hispanic countries, a speaker, and a performance from the talent show winners.

For more information, 263-8479



• 1 September, 1300 - 1600

A Hispanic talent contest will be held at the Community Activity Center. The winner of the Hispanic Talent Show will have a chance to perform on the day of the observance (28 September.)

• 17 & 24 September and 1 & 8 October, 1400

There will be book reading and arts and crafts workshops at the Zama library.

• 24 September

The Camp Zama Community Club will hold an All Celebrations Hispanic Heritage Night featuring Hispanic music and dance.

• Hispanic Heritage Essay contest

For school age children, there will be a Hispanic Heritage Essay contest with a due date of 15 September. The winner of the contest will receive a prize.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

A rmy Family
Action Plan (AFAP),
263-HELP (4357).
"AFAP is a year round
process". To submit an
AFAP issue, log onto [www.
myarmyonesource.com](http://www.myarmyonesource.com).
Visit the Family Programs
tab to submit an issue.
Issues can be submitted
anonymously.

■ Army Community Service • 263-8327

RELOCATION READI- NESS PROGRAM, 263-HELP (4357)

- **Adult Evening English Class**
Every Wednesday, 5:50 - 7 pm. No
pre-registration necessary.

- **Conversational Japanese Lan-
guage Class**
Every Wednesday, advanced class,
10 - 11 am; beginner class, 11 am -
noon, at ACS Outreach Room, Bldg
402. No pre-registration required.

- **Business Japanese Class**
Every Wednesday, 5 - 6 pm, ACS
Community Room, Bldg 402. Pre-
registration required.

NOTE: Attendance at all sessions is

preferred but not mandatory, (please
attend as your schedule permits).

MOBILIZATION AND DE- PLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Mr. Gary R. Woods
at 263-8089 or [gary.r.woods@
us.army.mil](mailto:gary.r.woods@us.army.mil) to schedule your unit
pre-deployment readiness training,
reintegration briefing. Family Readi-
ness Group (FRG) training, and unit
rear detachment commanders train-
ing. Free child care is provided by
CYS during official FRG functions
(advance coordination is required.)

- **Pre-deployment Support and Op-
eration R.E.A.D.Y. Training**

This training is designed to help all
deploying Soldiers, DoD civilians,
and their Families prepare for a
less stressful and more successful
deployment held the 2nd Thursday
of each month, 3 - 4 pm, in the ACS
Outreach Room.

- **Deployed Spouse Program**

If your spouse is deployed, then ACS
is looking for you! Please visit us
to learn more about our Deployed

LOAN CLOSET

Army Community Service

Monday, Wednesday & Friday:
1 - 4 pm, at
ACS, Bldg 402



FOR DETAILED INFORMATION, CALL 263-4357



NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 21 September, 8 am - 4:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: Thursday, 22 September, 8 - 11:30 am, Camp Zama Community Club (right wing). Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA Status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

SHOPPING ON THE ECONOMY: Thursday, 22 September, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

For information, contact ACS at 263-8091.

MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF**
thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the
Zama community.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; request by email: mark.daybell@us.army.mil two weeks in advance minimum. For more information, contact 263-8091.



Survivor Outreach Services (SOS) provides services that support the Families of fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

• **Scheduled Financial Classes:**

All classes are held at ACS, 1:30 - 3:30 pm:

- * Budget Monday
- * Banking Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

First Term Soldiers on their initial duty shall complete all four classes

during in-processing.

• **AER Emergency Leave**

The primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

Army Community Service

Family Advocacy Program

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-HELP (4357). The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.



• **Sexual Assault Prevention and Response Program (SAPRP)** - Hot line from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.

• **Victim Advocacy:** Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

• Employment Readiness

Provides assistance with resume and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoon, 1:30 - 3:30 pm, at ACS, pre-signup is required. First Friday: Resume and cover letters; 2nd Friday: Interview Techniques and Dressing for Success. For more information, phone 263-8091 or email mark.daybell@us.army.mil.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Call your Community Life Officer at 263-8087.

• Army Family Team Building (AFTB), 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Did you know that you could earn promotion points from AFTB classes? If you are a Soldier (SGT or below) and need promotion points, AFTB is for you. Come join us for our next AFTB Class!

Volunteer Positions

ACS is an awesome place to work, an even better place to Volunteer!!
Visit www.myarmyonesource to see what volunteer positions are available.

Community Mayors (Camp Zama, Building 743, Off-Post)

Assist the Housing Office with the Quarters Beautification Program; assist with distribution of community publications and publicity of community events, attend the monthly Community Information Exchange (CIE); be the positive eyes, ears and voice of your designated community area.

ACS / Army Family Team Building (AFTB) Master Trainer

Mentors, trains, guides, and supports AFTB volunteers. Serves on the advisory / steering council and is a positive spokesperson for ACS and AFTB.

NPSP

New Parent Support Program- 263-4572.

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Arin Elementary School).
- **Baby Love Seminar** for this month will be "Women, Infants and Children WIC Overseas Program", on 20 September during Play Morning session at Zama Chapel from 10:15 - 10:30 am and 22 September at EDIS (Arin Elementary) from 10:15 - 10:30 am.
- **"Baby Bundles"** information and supplies for new and expectant parents are available and electric breast pumps are available by calling 263-5084 or you may email shirley.k.coleman@us.army.mil for more details.
- **NPSP Workshops:** "Developmental Appropriate Toys", at ACS, 9 September, 11 am - noon and Empowering Parents: Building Positive Bonds at ACS, 23 September, 11 am - noon.
- **Breast Feeding Support Group Meeting** held 1 September, 9:30 - 10:30 am at ACS and 19 September, 9:30 - 10:30 am at SHA CDC.
- **Pre Birth Classes:** taught by OB GYN Nurse will be held at ACS on 8 September, 4:30 - 6:30 pm. Please contact the NPSP Manager at 263-5084.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>.

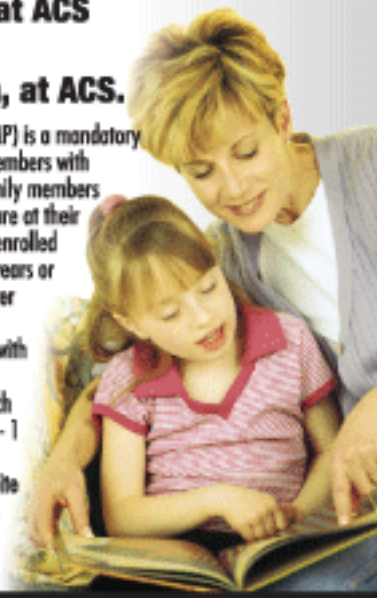
After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings. For more information, please call 263-4357 (HELP).

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

- **Monthly Autism Support Group Meets:** 19 September, 4:30 - 5:30 at ACS
- **"EFMP Social Services"** 26 September, noon - 1 pm, at ACS.

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

E

kiden Relay.

The "Friendship Ekiden Relay" will be held at Sagami Depot on Sunday, 2 October. Approximately 12,000 runners are expected to participate. Did you register your 4-person team yet?

■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS (263-7980)

• Zama Book of Records
(CANCELLED DUE TO MUSIC FESTIVAL)

Every third Saturday of the month (17 September) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge

NOTICE:

Last day of operation for the Sagamihara Housing Area (SHA) pool is 5 September (Labor Day holiday).

yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too can become a living legend".

FITNESS (263-5656)

• **Super Circuit Class (Free)**

Monday, Wednesday: 1200 - 1230
Friday: 1730 - 1800

• **Personal Training / Program Consultations (Free)**

Limited days and times by appointment only.

Consultations are:

Tuesdays, 0900 - 1130

Wednesdays, 1400 - 1630

• **Hit and Core:**

Tuesdays, 1200 - 1245

• **Yoga:**

Thursdays, 1200 - 1245



Labor Day
5K Fun Run
8 am • Saturday
3 September

- Open to all (18 years of age or older & not in high school) in the Camp Zama community.
- No Fee
- Awards to the Top 2 adult men & women per age category.
- Register by 5 pm, Thursday, 1 September at the Yano Fitness Center issue counter.
- Age categories: Men and women ~ 18-29 • 30-39 • 40-49 • 50 plus years.
- Commander Cup points awarded.
- *For more details, call 263-4664/3954.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

• **Step / Abs**

Monday, 1700 - 1830

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

AQUATICS (263-3348)

• **Jacuzzi, Steam Room, Sauna** The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• **Training Reservations for Swimming Pool**

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than three (3) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool** Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and

Got Japan!

What is it?

"Swim Around Japan" Challenge participants will swim laps according to the distance around Japan (34,000 km). After registering with one of the Aquatic staff, each of the participants laps will be officially logged (by a staff member). Receive an event T-Shirt when you've finished the challenge!

Swim Around Japan Challenge

* For more information, please call 263-4664/3348.

older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYs, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms

are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

Yano Fitness Center is seeking interested applicants for contracting in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

Stroller Strides AND MOMMY BOOT CAMP

- Open to all Mom's and Dad's who have children ages 1-4
- Every Thursday • 4:30 - 6 pm
- Now thru 8 September
- SHA Fitness Center (meeting location)

*For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Sports, Fitness and Aquatics • 263-3954 / 4664

• Aerobics

* **Instructor: Ms. Hitomi Someya**
Zumba Class (\$3 per class): Thursdays at 1730. Times and schedule subject to change depending on community needs.

• Tanning Booth

Yano Fitness Center has two tanning booths hours:

Monday - Friday: 0530 - 2025

Weekends: 0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20 and twenty sessions for \$35. Must be 18 years old.

• Massage Cancellation Policy:

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for information regarding this policy.

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call



YANO FITNESS CENTER

WATER

AEROBICS PROGRAM

Mondays and Fridays: 0900 - 1000
Wednesday: 0900 - 1000 / 1800 - 1900
Tuesdays & Thursdays: 1730 - 1830

*For more information, please call 263-4664/3348.

the front desk at 263-4664/3954 for additional information. The cost is 30 minutes for \$45, 45 minutes for \$55 and 60 minutes for \$70 (you must be at least age 21).

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845

One session: \$6

4 sessions: \$20

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kang Hyum Soon
Monday and Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533.

• **Brazilian Jujitsu** (Instruction and Training)

* Instructor: Paul Everson

Monday and Wednesday (ages 18 and older): 1645 - 1900

Cost: Free (all levels welcome).



YANO FITNESS CENTER

300/1500 CLUB

Bench Press • Dead Lift • Squat

- Open to all Camp Zama, SHA & Depot community members **ONLY** (18 years old & not in high school).
- Must sign up at the front desk by appointment.
- Every last Saturday of each month.
- Lift must be certified by Yano staff.

1000/500 CLUB

- Participant must total 1000 or more pounds (combining the bench press, dead-lift & squat).
- Lifter gets 15 minutes to complete the 3 lifts.
- *See additional rules when signing up.

*For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



YANO FITNESS CENTER

**9 am • Saturday
24 September**

***Registration deadline
is 9 pm, Thursday,
22 September.**

**1st & 2nd place
teams to be awarded.**

***For more information,
please call 263-4664.**

INNERTUBE WATER POLO TOURNAMENT

Paid Advertisements

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

R

ed
Tag Sale. A variety
of craft supplies
are on sale now
starting from \$1.



■ Arts and Crafts • 263-4412

Ikebana classes (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for
a class, plus ¥1,000 for flowers .



2011 ARMY DIGITAL PHOTOGRAPHY CONTEST



ENTRY DEADLINE:
16 October 2011

SUBMISSION DATES:
5 September – 16 October 2011

CATEGORIES:
People • Military Life • Nature and Landscapes • Animals •
Still Life • Design Elements • Digital Darkroom • Monochrome

DIVISIONS:
Active Duty and Eligible Civilians (Family members, Retirees and DA Civilians)

Enter your best images to compete against the top photographers in the Army and win cash awards.

Contest information and assistance is available at your Garrison Arts and Crafts or Community Recreation Office.
<https://apps.incom.army.mil/APPTAC>



HOURS OF OPERATION

Monday - Tuesday: Closed

Wednesday - Friday:
1130 - 1930

Saturday - Sunday:
1000 - 1800

CLASSES

• **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).

• **Wood Shop Orientation for DA 3031.**

Saturdays: 10 am, no fee.

• **Frame Shop Orientation**
2nd and 4th Thursday, 5 pm,
\$10 a class; supplies are included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

• **Washi-Paper Craft Workshop**
\$10 a class; supplies are available at the sales store (by appointment)

• **Shodo** (Japanese calligraphy class),
Wednesday, 4 pm, \$10 for a class;
includes all supplies.

NOTE: All classes require advance registration. Schedules are subject to change.

... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Tole paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Outdoor Recreation • 263-4671

TOURS AND EVENTS

• *Fuji Kachoen and Fuji Area Excursion*

Saturday, 3 September, 0700 - 1830

• *Deep Sea Fishing (Mahi Mahi)*

Saturday, 3 September, 0400 - 1530

• *Mt. Takao Free Time*

Sunday, 4 September, 0900 - 1600

• *Hello Kitty Land*

Sunday, 4 September, 0900 - 1600

• *Dolphin Beach*

Monday, 5 September, 0500 - 1700

• *Zoo Rasia*

Monday, 5 September, 0900 - 1530

• *Seto Pottery Festival*

Saturday, 10 September,
0500 - 2100

• *Paragliding at Sky Asagiri*

Saturday, 10 September,
0500 - 1930

• *Hakkeijima Sea Paradise*

Sunday, 11 September,
0900 - 1830

• *Kamakura Archery Festival*

Friday, 16 September, 0900 - 1700

• *Nikko Edo Mura*

Saturday, 17 September,
0600 - 1930

• *Deep Sea Fishing (Mahi Mahi)*

Saturday, 17 September,
0400 - 1530

• *PADI 4 day Diving Certification Course*

* 2 day at Yano (No transportation)

Saturday - Sunday, 17 - 18 September, 0900 - 1900

* 2 day at Osezaki

Saturday - Sunday, 1 - 2 October,
0600 - 1800

• *KODO Taiko Drum*

Sunday, 18 September,
1100 - 1830

• *Tokyo Game Show at Makuhari Messe*

Sunday, 18 September,
0900 - 1630

• *Fujimi Panorama Downhill*

Saturday, 24 September,
0700 - 1600

• *Tokyo by Day*

Saturday, 24 September,
0800 - 1800

• *Antique Fair*

Sunday, 25 September,
0900 - 1600

• *Hotel Mikazuki Ryugu Spa and Lunch Buffet*

Sunday, 25 September,
0830 - 1830

■ Community Activity Center • 263-3939/5712/8892

UPCOMING EVENTS

• *USO Handshake Tour*

Robert Patrick and
Dennis Haysbert

Monday, 10 October

CLASSES

• *Ballroom Dance Class*

* Tuesday, 1730 - 1825

Intermediate class, (four classes for ¥6,000) for 50 minutes

Advance Class, (four classes for ¥4,000) for 50 minutes

* Thursday, 1730 - 1825

Beginning Class, (four classes for ¥4,000) for 50 minutes

• *Piano Lesson*

Monday - Friday:

Four classes a month, ¥7,000

• *Violin Lesson*

Tuesday and Thursday

Four classes a month, ¥7,000

• *Koto Lesson*

Tuesday

Four classes a month

Adult: ¥8,000

Youth: ¥7,000

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *Bury Your Dead* by Penny, Louise
- *Caleb's Crossing* by Brooks, Geraldine
- *Dead Reckoning* by Harris, Charlene (Best Seller)
- *Does the Noise in My Head Bother You?* by Tyler, Steven
- *From this Moment On* by Twain, Shania
- *Greater Journey* by McCullough, David G. (Best Seller)
- *Lies That Chelsea Handler Told Me* by Chelsea's Family and Friends
- *Lost in Shangri-la* by Zuckoff, Mitchell
- *Love Wins* by Bell, Rob (Best Seller)

• *Something Borrowed* by Giffin, Emily (Best Seller)

NEW BLU-RAY DVDS

- *Building the Great Cathedrals*
- *Freedom Riders* (Blu-ray)
- *George Washington: The Man Who Wouldn't be King*
- *Killer Subs in Pearl Harbor*
- *Lee & Grant: Generals of the Civil War*
- *My Vietnam, Your Iraq*
- *Panama Canal*
- *Revolution in Cairo*
- *The Wall: A World Divided* (Berlin)
- *The Wild West, Volume I*

ON-LINE CATALOG

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

W

e have some used parts for sale: 6x9 speaker, CD player, safety flares, various aluminum rims and beginner driver (Wakaba) magnet. We also have used tires; just stop by with your car and see if they are on the rack.

■ Automotive Skills Center • 263-3615

TIP On chilly rainy days with foggy windows and you want to clear them up, you don't have to keep the temperature setting on cold for the A/C. You can actually turn it up a bit and it will still work just fine. You can also use the A/C during the fall and winter time, all you have to do is turn the temperature to a warmer setting. This will also help keep the A/C system in good working condition throughout the year and prepare it for summer again.

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
Wednesday - Friday:
1130 - 2000
Saturday and Sunday:
0930 - 1800

PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to

use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• *Engine Flush and Fuel System Cleaning*

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• *Vehicle Detailing*

Our detailing service consists of a basic wash and wax of the outside only with tire waxing included. If you want the interior cleaned also, there is an additional cost.

* Prices are as follows (starting from):

\$35 for sedans / hatchbacks

\$50 for vans / SUV's

* *Cleaning of the interior (starting from):*

\$15 for sedans / hatchbacks

\$20 for vans / SUV's

* Cleaning of trunks for sedans; additional \$5

NOTE: Detailing work orders are conducted by appointment only.

• *Used Vehicle Courtesy Inspection*

The Auto Skills Center offers a 20 point courtesy inspection for Soldiers and eligible Camp Zama personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

* The courtesy inspection does not take the place of the JCI inspection (shaken=Japanese word).



ZAMA Automotive Skills Center

TOWING SERVICE AND ROADSIDE ASSISTANCE

We offer a towing service and roadside assistance Wednesday through Sunday during the open hours of the Auto Skills Center.


Some preset towing fees for base to base are:	
Within Camp Zama	----- \$25
SHA - Camp Zama	----- \$30
Sagami Depot - Camp Zama	----- \$35
NAF Atsugi - Camp Zama	----- \$40

For more information and rates for towing from other bases or anywhere off post please give us a call.

CLASSES START AT 5:30 PM

- How to change your spark plugs: 1 and 15 September
- How to change your automatic transmission fluid: 8 and 22 September

NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and or supplies for class.



Camp Zama Automotive Skills Center CLASSES

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.

Sundays, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.

Sundays, 10:45 am, Catholic Religious Education Class, Religious Education Center (Starting on 11 September).

CAMP ZAMA PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesdays, 7 pm, Youth Activity, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 264-5203, or Yohei Araki at 801-649-1393.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Please contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

LUTHERAN SERVICE

Sunday, 8 am, Worship Service, CFAY community readiness center (2nd floor Auditorium), Yokosuka. For more information, please contact Chaplain Swanson at 243-6931.

MEN OF THE CHAPEL

Meet 2nd and 4th Saturday of the month, 8 am - 9 am at SHA Chapel. For more information, please contact USAG-J Chaplain's Office at 263-4898.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursday, 9:30 - 11:30 am, Protes-

tant Women of the Chapel (PWOC) Summer Bible Study, at the Religious Education Center. Watch care is provided.

WOMEN'S PRAISE BREAK

Wednesday, noon - 1 pm, Camp Zama Chapel. For more information, contact Chaplain Browne at 263-5973 or sharon.browneburrel@us.army.mil.

SEPTEMBER ACTIVITIES

Monday, 5 September, 10 am, Camp Zama Protestant Chapel trip to Tokyo Disneyland.

Friday, 16, 7:30 am, Spiritual Orientation Tour to Kamakura.

USAG-J Religious Support Services and Programs offer many spiritual fitness opportunities for you and your Family. If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises religious support activities under its auspices.



Welcome to The United States Army Suggestion Program

The Army Suggestion Program (previously known as the Army Ideas for Excellence Program) has gone online.

The new suggestion processing program was unveiled on Army Knowledge Online (AKO). Anyone with an AKO user name and password can now submit suggestions electronically. Detailed guidance is provided on the web page at <https://armysuggestions.army.mil>.

There are several advantages to this program; the biggest plus being that anyone with access to the Web can make a suggestion from any where that they are. There is no longer a need to wait until you return to your home station to write-up and submit your idea.

Once submitted, the suggestion is processed entirely on-line.

For further information, contact the program administrator, Mr. Keith Simon, keith.simon@us.army.mil, DSN 263-5129 or Mr. Masao Naito, masao.naito@us.army.mil, DSN 263-55634, Plans, Analysis and Integration Office (USAG-J), US Army Garrison, Japan.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services

■ DIRECTOR 263-8057
■ Army Community Services 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

Business Division

■ DIRECTOR 263-4452
■ ADMINISTRATIVE OFFICE 263-7935

■ DIRECTOR OF GOLF 263-3694
■ ADMINISTRATIVE OFFICE 263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100

Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000

Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

ZAMA LODGING

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ AUTOMOTIVE SKILLS CENTER 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ COMMUNITY ACTIVITY CENTER 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273
Mon-Fri 1000-1800
Open during lunch

■ LIBRARY
Zama 263-3517
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671
US Holidays Closed
Leisure Travel Services & Vehicle Rental
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ SPORTS/FITNESS CENTER 263-4664
Zama 263-3954

Mon-Fri 0500-2100
Sat-Sun, Holidays 1000-1800
Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125

Sagamihara CDC 267-6564

Mon-Fri 0530-1800
Zama CDC 263-4992

Mon-Fri 0530-1800

■ YOUTH SERVICES
Zama Youth Center 263-4500

Mon-Thu 1430-2000
Fri 1430-2200

Sat 1300-2200
Sun Closed

School Age Care (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE
Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTOMOTIVE SKILLS CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB
Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ SPORTS / FITNESS 644-4334
Sports / Fitness 644-4389

■ OUTDOOR RECREATION
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659
011-81-611-744-4659

Kure Harbor Club

■ MWR Office 256-2580
256-2581

0800-1630
■ Outdoor Recreation 256-2575
0900/1700

■ Dining Room
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ Bar
Mon 1630-2000
Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.



Army Community Service
Quarters Beautification Competition

- Have you participated in the Quarters Beautification Competition (QBC) yet?? If not, time is running out, and the and September competition will conclude the 2011 program.
- Judging for the September QBC will be conducted during the period 1 - 7 September at the Zama, Depot and Sagami-hara Housing Areas, and awards presented for first, second and third place on site in each of the three areas the last week in September (exact date and time TBA).
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas in October (exact date, time and place to be announced).
- For additional information, please phone the Housing Office at 263-3441.

MWR COMMERCIAL SPONSORSHIP appreciates the support of the NAVY FEDERAL CREDIT UNION, RED BULL, OUTBACK, CAMP ZAMA EXCHANGE AND NEW CAR SALES for supporting this five month program for the benefit of our community members.



EXCHANGE™

Red Bull

OUTBACK
STEAKHOUSE®



NAVY
FEDERAL
Credit Union

Disclaimer: All QBC winners are expected to maintain the exterior of their government quarters in a high state of appearance. If not, winners are subject to forfeiting all prizes won.



U.S. ARMY CAMP ZAMA



MUSIC FRIENDSHIP FESTIVAL

SATURDAY, 17 SEPTEMBER 2011

1530 - 2100 (No Rain Date)

SUNDAY, 18 SEPTEMBER 2011

1330 - 2100 (No Rain Date)

(Gates Open) SATURDAY, 17 SEPTEMBER : 1430
SUNDAY, 18 SEPTEMBER : 1230

ミュージック・フレンドシップ・フェスティバル：9月17日(土)・18日(日)
下記の電話番号およびウェブサイトにて詳細をお伝えします。

(Simultaneous Event)

PACIFIC BOXING
SHOWDOWN
At Camp Zama

SUNDAY
18 SEPTEMBER 2011
1330 -



FLEA MARKET
@ JED Parking Lots
SUNDAY
18 SEPTEMBER 2011
1230 - 1800

9月17日(土)・18日(日)、一般開放致します
ご来場お待ちしております

Please call the phone number (taped announcement) for inclement weather

雨天・荒天の場合は、下記の電話番号（テープ案内）にてご確認ください。

For more Information: Please call [By Fri. 16 Sep.]

Taped Announcement [By Sun. 18 Sep.]

お問合せ:

電話 [9月16日(金)まで]

テープ案内 [9月18日(日)まで]

• DSN: 263-5712/8892

• DSN: 263-4177

• DSN: 263-5712/8892

• DSN: 263-4177

• TEL: 046-407-5712/8892

• TEL: 046-407-4177

• TEL: 046-407-5712/8892

• TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events> or <http://www.facebook.com/armymwrjapan>

PACIFIC BOXING SHOWDOWN WEBSITE: <http://www.sites.google.com/site/boxingshowdownincampzama/home>

“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

<http://www.mwrjapan.jp.pac.army.mil/news/> • ZAMA BUGLE, SEPTEMBER 1, 2011